# Youth Risk Behavior Surveillance System: Selected 2011 National Health Risk Behaviors and Health Outcomes by Race/Ethnicity ${ }^{1}$ 

The national Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of death, disability, and social problems among youth and adults in the United States. The national YRBS is conducted every two years during the spring semester and provides data representative of $9^{\text {th }}$ through $12^{\text {th }}$ grade students in public and private schools throughout the United States.

| Health Risk Behaviors and Health Outcomes | $\begin{gathered} \text { Black } \\ \text { Students (\%) } \\ \hline \end{gathered}$ | Hispanic Students (\%) | White Students (\%) |
| :---: | :---: | :---: | :---: |
| A. Black students were LESS likely ${ }^{2}$ than Hispanic and white students to have engaged in these health risk behaviors... |  |  |  |
| Drove when drinking alcohol one or more times (a car or other vehicle during the 30 days before the survey) | $\begin{gathered} 5.9 \\ (4.6-7.5)^{3} \\ \hline \end{gathered}$ | $\begin{gathered} 9.7 \\ (8.5-11.2) \\ \hline \end{gathered}$ | $\begin{gathered} 8.0 \\ (7.3-8.8) \\ \hline \end{gathered}$ |
| Texted or e-mailed while driving a car or other vehicle on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 24.1 \\ (20.7-27.9) \\ \hline \end{gathered}$ | $\begin{gathered} 30.9 \\ (28.0-34.0) \\ \hline \end{gathered}$ | $\begin{gathered} 36.2 \\ (32.8-39.7) \\ \hline \end{gathered}$ |
| Bullied on school property (during the 12 months before the survey) | $\begin{gathered} 11.7 \\ (9.7-13.9) \\ \hline \end{gathered}$ | $\begin{gathered} 17.6 \\ (15.4-20.0) \\ \hline \end{gathered}$ | $\begin{gathered} 22.9 \\ (21.4-24.5) \\ \hline \end{gathered}$ |
| Been electronically bullied (included being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting during the past 12 months) | $\begin{gathered} 8.9 \\ (7.6-10.4) \end{gathered}$ | $\begin{gathered} 13.6 \\ (12.1-15.3) \end{gathered}$ | $\begin{gathered} 18.6 \\ (17.2-20.1) \end{gathered}$ |
| Seriously considered attempting suicide (during the 12 months before the survey) | $\begin{gathered} 13.2 \\ (11.5-15.0) \end{gathered}$ | $\begin{gathered} 16.7 \\ (15.2-18.4) \end{gathered}$ | $\begin{gathered} 15.5 \\ (14.3-16.8) \end{gathered}$ |
| Ever tried cigarette smoking (even one or two puffs) | $\begin{gathered} 39.1 \\ (35.7-42.5) \\ \hline \end{gathered}$ | $\begin{gathered} 48.6 \\ (44.8-52.5) \\ \hline \end{gathered}$ | $\begin{gathered} 44.2 \\ (40.9-47.5) \\ \hline \end{gathered}$ |
| Ever smoked cigarettes daily <br> (at least one cigarette every day for 30 days) | $\begin{gathered} 5.3 \\ (4.0-7.1) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 7.8 \\ (6.8-8.8) \\ \hline \end{gathered}$ | $\begin{gathered} 12.0 \\ (10.6-13.5) \end{gathered}$ |
| Smoked cigarettes on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 10.5 \\ (8.4-13.0) \\ \hline \end{gathered}$ | $\begin{gathered} 17.5 \\ (15.3-19.9) \\ \hline \end{gathered}$ | $\begin{gathered} 20.3 \\ (18.4-22.2) \\ \hline \end{gathered}$ |
| Smoked cigarettes on 20 or more days (during the 30 days before the survey) | $\begin{gathered} \hline 2.6 \\ (1.8-3.8) \\ \hline \end{gathered}$ | $\begin{gathered} 4.4 \\ (3.7-5.2) \\ \hline \end{gathered}$ | $\begin{gathered} 8.0 \\ (7.1-9.1) \\ \hline \end{gathered}$ |
| Used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 3.1 \\ (2.2-4.4) \\ \hline \end{gathered}$ | $\begin{gathered} 5.9 \\ (4.4-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 9.3 \\ (7.8-11.0) \\ \hline \end{gathered}$ |
| Used chewing tobacco, snuff, or dip on school property on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 1.9 \\ (1.2-3.1) \\ \hline \end{gathered}$ | $\begin{gathered} 3.7 \\ (2.7-4.9) \\ \hline \end{gathered}$ | $\begin{gathered} 5.6 \\ (4.5-7.1) \\ \hline \end{gathered}$ |
| Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day <br> (during the 30 days before the survey) | $\begin{gathered} 15.4 \\ (12.8-18.5) \end{gathered}$ | $\begin{gathered} 20.5 \\ (18.1-23.0) \end{gathered}$ | $\begin{gathered} 26.5 \\ (24.5-28.7) \end{gathered}$ |
| Ever had at least one drink of alcohol on at least 1 day (during their life) | $\begin{gathered} 63.5 \\ (59.3-67.5) \\ \hline \end{gathered}$ | $\begin{gathered} 73.2 \\ (70.8-75.5) \\ \hline \end{gathered}$ | $\begin{gathered} 71.7 \\ (69.4-73.9) \\ \hline \end{gathered}$ |
| Had at least one drink of alcohol on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 30.5 \\ (27.8-33.4) \\ \hline \end{gathered}$ | $\begin{gathered} 42.3 \\ (39.5-45.1) \\ \hline \end{gathered}$ | $\begin{gathered} 40.3 \\ (38.3-42.2) \\ \hline \end{gathered}$ |
| Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day <br> (during the 30 days before the survey) | $\begin{gathered} 12.4 \\ (10.7-14.2) \end{gathered}$ | $\begin{gathered} 24.2 \\ (21.9-26.7) \end{gathered}$ | $\begin{gathered} 24.0 \\ (22.8-25.3) \end{gathered}$ |
| Ever used any form of cocaine one or more times (for example, powder, crack, or freebase, during their life) | $\begin{gathered} 2.6 \\ (1.8-3.8) \end{gathered}$ | $\begin{gathered} \hline 10.2 \\ (8.8-11.9) \end{gathered}$ | $\begin{gathered} 6.7 \\ (6.0-7.5) \\ \hline \end{gathered}$ |
| Used any form of cocaine one or more times (for example, powder, crack, or freebase, during the 30 days before the survey) | $\begin{gathered} 1.1 \\ (0.7-1.7) \end{gathered}$ | $\begin{gathered} 5.4 \\ (4.5-6.5) \end{gathered}$ | $\begin{gathered} 2.5 \\ (2.2-2.9) \end{gathered}$ |
| Ever used hallucinogenic drugs one or more times (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms during their life) | $\begin{gathered} 3.3 \\ (2.3-4.7) \end{gathered}$ | $\begin{gathered} 9.1 \\ (7.9-10.5) \end{gathered}$ | $\begin{gathered} 9.3 \\ (8.4-10.3) \end{gathered}$ |


| Health Risk Behaviors and Health Outcomes | $\begin{gathered} \text { Black } \\ \text { Students (\%) } \\ \hline \end{gathered}$ | Hispanic Students (\%) | White <br> Students (\%) |
| :---: | :---: | :---: | :---: |
| Ever took prescription drugs one or more times without a doctor's prescription <br> (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life) | $\begin{gathered} 14.7 \\ (12.3-17.5) \end{gathered}$ | $\begin{gathered} 19.4 \\ (16.4-22.6) \end{gathered}$ | $\begin{gathered} 22.9 \\ (21.1-24.8) \end{gathered}$ |
| Never tested for HIV <br> (does not include tests conducted when donating blood) | $\begin{gathered} 76.0 \\ (70.1-81.1) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 87.5 \\ (85.9-89.0) \\ \hline \end{gathered}$ | $\begin{gathered} 89.4 \\ (87.9-90.8) \\ \hline \end{gathered}$ |
| Ate fruit or drank 100\% fruit juices less than three times per day (during the 7 days before the survey) | $\begin{gathered} 72.1 \\ (69.5-74.5) \\ \hline \end{gathered}$ | $\begin{gathered} 75.2 \\ (73.7-76.5) \\ \hline \end{gathered}$ | $\begin{gathered} 80.0 \\ (78.0-82.0) \\ \hline \end{gathered}$ |
| Vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey) | $\begin{gathered} 3.0 \\ (2.3-3.8) \end{gathered}$ | $\begin{gathered} 5.2 \\ (4.3-6.2) \end{gathered}$ | $\begin{gathered} 4.1 \\ (3.6-4.7) \end{gathered}$ |
| Used an indoor tanning device one or more times (such as a sunlamp, sunbed, or tanning booth during the 12 months before the survey, not including a spray-on tan) | $\begin{gathered} 3.9 \\ (2.6-5.7) \end{gathered}$ | $\begin{gathered} 7.6 \\ (6.1-9.6) \end{gathered}$ | $\begin{gathered} 17.4 \\ (14.5-20.6) \end{gathered}$ |
| B. Black students were MORE likely than Hispanic and white students to have engaged in these health risk behaviors... |  |  |  |
| Ever had sexual intercourse | $\begin{gathered} 60.0 \\ (56.6-63.4) \\ \hline \end{gathered}$ | $\begin{gathered} 48.6 \\ (46.1-51.0) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 44.3 \\ (41.1-47.4) \\ \hline \end{gathered}$ |
| Had sexual intercourse for the first time before age 13 years | $\begin{gathered} 13.9 \\ (12.5-15.4) \\ \hline \end{gathered}$ | $\begin{gathered} 7.1 \\ (6.1-8.1) \\ \hline \end{gathered}$ | $\begin{gathered} 3.9 \\ (3.3-4.7) \\ \hline \end{gathered}$ |
| Had sexual intercourse with four or more persons (during their life) | $\begin{gathered} 24.8 \\ (22.4-27.3) \\ \hline \end{gathered}$ | $\begin{gathered} 14.8 \\ (13.6-16.0) \\ \hline \end{gathered}$ | $\begin{gathered} 13.1 \\ (11.7-14.5) \\ \hline \end{gathered}$ |
| Had sexual intercourse with at least one person (during the 3 months before the survey) | $\begin{gathered} 41.3 \\ (38.4-44.3) \\ \hline \end{gathered}$ | $\begin{gathered} 33.5 \\ (31.6-35.4) \\ \hline \end{gathered}$ | $\begin{gathered} 32.4 \\ (29.7-35.3) \\ \hline \end{gathered}$ |
| Did not eat fruit or drink 100\% fruit juices (during the 7 days before the survey) | $\begin{gathered} 6.5 \\ (5.4-7.8) \\ \hline \end{gathered}$ | $\begin{gathered} 4.5 \\ (3.7-5.4) \\ \hline \end{gathered}$ | $\begin{gathered} 4.5 \\ (3.8-5.4) \\ \hline \end{gathered}$ |
| Did not drink milk <br> (during the 7 days before the survey) | $\begin{gathered} 30.4 \\ (27.4-33.7) \\ \hline \end{gathered}$ | $\begin{gathered} 16.9 \\ (14.8-19.3) \\ \hline \end{gathered}$ | $\begin{gathered} 14.5 \\ (12.9-16.4) \\ \hline \end{gathered}$ |
| Drank less than one glass per day of milk (during the 7 days before the survey) | $\begin{gathered} 71.0 \\ (67.6-74.2) \\ \hline \end{gathered}$ | $\begin{gathered} 59.3 \\ (56.0-62.6) \\ \hline \end{gathered}$ | $\begin{gathered} 51.2 \\ (48.8-53.5) \end{gathered}$ |
| Drank less than two glasses per day of milk (during the 7 days before the survey) | $\begin{gathered} 82.3 \\ (79.8-84.5) \\ \hline \end{gathered}$ | $\begin{gathered} 73.0 \\ (70.0-75.8) \\ \hline \end{gathered}$ | $\begin{gathered} 66.4 \\ (63.8-68.8) \\ \hline \end{gathered}$ |
| Drank less than three glasses per day of milk (during the 7 days before the survey) | $\begin{gathered} 90.5 \\ (89.0-91.7) \\ \hline \end{gathered}$ | $\begin{gathered} 86.6 \\ (84.3-88.7) \\ \hline \end{gathered}$ | $\begin{gathered} 83.4 \\ (81.4-85.3) \\ \hline \end{gathered}$ |
| Drank a can, bottle, or glass of soda or pop three or more times per day (not counting diet soda or diet pop, during the 7 days before the survey) | $\begin{gathered} 14.6 \\ (12.4-17.1) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 10.6 \\ (9.4-12.0) \\ \hline \end{gathered}$ | $\begin{gathered} 10.7 \\ (8.7-13.2) \\ \hline \end{gathered}$ |
| Ate breakfast on less than 7 days (during the 7 days before the survey) | $\begin{gathered} 68.8 \\ (65.3-72.2) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 62.9 \\ (58.9-66.7) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 60.3 \\ (57.8-62.8) \\ \hline \end{gathered}$ |
| Did not participate in at least $\mathbf{6 0}$ minutes of physical activity on any day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) | $\begin{gathered} 19.6 \\ (17.4-21.9) \end{gathered}$ | $\begin{gathered} 15.9 \\ (14.2-17.7) \end{gathered}$ | $\begin{gathered} 11.0 \\ (9.8-12.4) \end{gathered}$ |
| Used computers 3 or more hours per day (played video or computer games or used a computer for something that was not school work on an average school day) | $\begin{gathered} 38.1 \\ (35.0-41.4) \end{gathered}$ | $\begin{gathered} 32.4 \\ (30.1-34.8) \end{gathered}$ | $\begin{gathered} 28.1 \\ (25.9-30.4) \end{gathered}$ |
| Watched television 3 or more hours per day (on an average school day) | $\begin{gathered} 54.6 \\ (51.1-58.0) \\ \hline \end{gathered}$ | $\begin{gathered} 37.8 \\ (35.4-40.2) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 25.6 \\ (23.8-27.5) \\ \hline \end{gathered}$ |
| Obese <br> (students who were $\geq 95$ th percentile for body mass index, based on sexand age-specific reference data from the 2000 CDC growth charts) | $\begin{gathered} 18.2 \\ (16.4-20.1) \end{gathered}$ | $\begin{gathered} 14.1 \\ (12.5-15.8) \end{gathered}$ | $\begin{gathered} 11.5 \\ (9.7-13.5) \end{gathered}$ |
| Ever told by a doctor or nurse that they had asthma | $\begin{gathered} \hline 26.8 \\ (24.1-29.6) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 20.3 \\ (17.9-23.0) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 22.8 \\ (21.2-24.5) \\ \hline \end{gathered}$ |
| Sometimes, rarely, or never wore sunscreen (with an SPF of 15 or higher, when they were outside for more than 1 hour on a sunny day) | $\begin{gathered} 95.2 \\ (93.8-96.4) \end{gathered}$ | $\begin{gathered} 93.3 \\ (91.9-94.5) \end{gathered}$ | $\begin{gathered} 87.0 \\ (85.4-88.6) \end{gathered}$ |


| Health Risk Behaviors and Health Outcomes | Black <br> Students (\%) | Hispanic Students (\%) | White <br> Students (\%) |
| :---: | :---: | :---: | :---: |
| C. White students were LESS likely than black and Hispanic students to have engaged in these health risk behaviors... |  |  |  |
| Rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey) | $\begin{gathered} 92.3 \\ (90.2-94.0) \end{gathered}$ | $\begin{gathered} 92.1 \\ (90.0-93.8) \end{gathered}$ | $\begin{gathered} 85.7 \\ (82.1-88.6) \end{gathered}$ |
| Rarely or never wore a seat belt (when riding in a car driven by someone else) | $\begin{gathered} \hline 10.3 \\ (8.5-12.5) \\ \hline \end{gathered}$ | $\begin{gathered} 9.3 \\ (7.7-11.2) \\ \hline \end{gathered}$ | $\begin{gathered} 6.3 \\ (4.8-8.1) \\ \hline \end{gathered}$ |
| Threatened or injured with a weapon on school property one or more times (for example, a gun, knife, or club one during the 12 months before the survey) | $\begin{gathered} 8.9 \\ (7.7-10.3) \end{gathered}$ | $\begin{gathered} 9.2 \\ (7.7-11.0) \end{gathered}$ | $\begin{gathered} 6.1 \\ (5.5-6.9) \end{gathered}$ |
| In a physical fight one or more times (during the 12 months before the survey) | $\begin{gathered} 39.1 \\ (36.0-42.1) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 36.8 \\ (34.0-39.8) \\ \hline \end{gathered}$ | $\begin{gathered} 29.4 \\ (27.9-30.9) \\ \hline \end{gathered}$ |
| Injured in a physical fight one or more times <br> (injuries had to be treated by a doctor or nurse, during the 12 months before the survey) | $\begin{gathered} 5.7 \\ (4.5-7.2) \end{gathered}$ | $\begin{gathered} 5.5 \\ (4.7-6.4) \end{gathered}$ | $\begin{gathered} 2.8 \\ (2.4-3.2) \end{gathered}$ |
| In a physical fight on school property one or more times (during the 12 months before the survey) | $\begin{gathered} \hline 16.4 \\ (14.6-18.3) \\ \hline \end{gathered}$ | $\begin{gathered} 14.4 \\ (12.9-16.1) \\ \hline \end{gathered}$ | $\begin{gathered} 9.9 \\ (8.9-10.9) \\ \hline \end{gathered}$ |
| Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day <br> (during the 30 days before the survey) | $\begin{gathered} 6.7 \\ (5.3-8.5) \end{gathered}$ | $\begin{gathered} 9.1 \\ (7.7-10.6) \end{gathered}$ | $\begin{gathered} 4.4 \\ (3.6-5.4) \end{gathered}$ |
| Had their property stolen or deliberately damaged on school property one or more times <br> (for example, car, clothing, or books, during the 12 months before the survey) | $\begin{gathered} 27.3 \\ (24.6-30.1) \end{gathered}$ | $\begin{gathered} 30.7 \\ (28.4-33.2) \end{gathered}$ | $\begin{gathered} 24.0 \\ (22.4-25.8) \end{gathered}$ |
| Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend (during the 12 months before the survey) | $\begin{gathered} 12.2 \\ (10.8-13.7) \\ \hline \end{gathered}$ | $\begin{gathered} 11.4 \\ (9.9-13.0) \\ \hline \end{gathered}$ | $\begin{gathered} 7.6 \\ (6.6-8.6) \\ \hline \end{gathered}$ |
| Attempted suicide one or more times (during the 12 months before the survey) | $\begin{gathered} \hline 8.3 \\ (6.8-10.0) \\ \hline \end{gathered}$ | $\begin{gathered} 10.2 \\ (8.8-11.8) \\ \hline \end{gathered}$ | $\begin{gathered} 6.2 \\ (5.6-6.9) \\ \hline \end{gathered}$ |
| Drank alcohol for the first time before age 13 years (other than a few sips) | $\begin{gathered} 21.8 \\ (19.4-24.3) \\ \hline \end{gathered}$ | $\begin{gathered} 25.2 \\ (23.2-27.3) \\ \hline \end{gathered}$ | $\begin{gathered} 18.1 \\ (16.6-19.7) \\ \hline \end{gathered}$ |
| Ever used marijuana one or more times (during their life) | $\begin{gathered} 43.0 \\ (38.9-47.3) \\ \hline \end{gathered}$ | $\begin{gathered} 42.1 \\ (39.2-45.0) \\ \hline \end{gathered}$ | $\begin{gathered} 37.9 \\ (35.3-40.6) \\ \hline \end{gathered}$ |
| Tried marijuana for the first time before age 13 years | $\begin{gathered} \hline 10.5 \\ (8.8-12.6) \\ \hline \end{gathered}$ | $\begin{gathered} 9.4 \\ (7.9-11.2) \\ \hline \end{gathered}$ | $\begin{gathered} 6.5 \\ (5.7-7.4) \\ \hline \end{gathered}$ |
| Used marijuana on school property one or more times (during the 30 days before the survey) | $\begin{gathered} 6.7 \\ (5.3-8.4) \\ \hline \end{gathered}$ | $\begin{gathered} 7.7 \\ (6.7-8.9) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 4.5 \\ (3.8-5.5) \\ \hline \end{gathered}$ |
| Ever had sexual intercourse | $\begin{gathered} 60.0 \\ (56.6-63.4) \\ \hline \end{gathered}$ | $\begin{gathered} 48.6 \\ (46.1-51.0) \\ \hline \end{gathered}$ | $\begin{gathered} 44.3 \\ (41.1-47.4) \\ \hline \end{gathered}$ |
| Had sexual intercourse for the first time before age 13 years | $\begin{gathered} 13.9 \\ (12.5-15.4) \end{gathered}$ | $\begin{gathered} 7.1 \\ (6.1-8.1) \\ \hline \end{gathered}$ | $\begin{gathered} 3.9 \\ (3.3-4.7) \end{gathered}$ |
| Had sexual intercourse with four or more persons (during their life) | $\begin{gathered} 24.8 \\ (22.4-27.3) \\ \hline \end{gathered}$ | $\begin{gathered} 14.8 \\ (13.6-16.0) \\ \hline \end{gathered}$ | $\begin{gathered} 13.1 \\ (11.7-14.5) \\ \hline \end{gathered}$ |
| Did not use birth control pills before last sexual intercourse to prevent pregnancy <br> (among students who were currently sexually active) | $\begin{gathered} 89.9 \\ (87.5-91.8) \end{gathered}$ | $\begin{gathered} 89.4 \\ (86.2-92.0) \end{gathered}$ | $\begin{gathered} 76.0 \\ (72.9-78.8) \end{gathered}$ |
| Did not use birth control pills or Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD to prevent pregnancy before last sexual intercourse (among students who were currently sexually active) | $\begin{gathered} 83.4 \\ (78.9-87.1) \end{gathered}$ | $\begin{gathered} 84.9 \\ (80.7-88.2) \end{gathered}$ | $\begin{gathered} 70.9 \\ (68.0-73.7) \end{gathered}$ |
| Did not use a condom during last sexual intercourse and did not use birth control pills or Depo Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD to prevent pregnancy before last sexual intercourse <br> (among students who were currently sexually active) | $\begin{gathered} 92.7 \\ (90.5-94.5) \end{gathered}$ | $\begin{gathered} 94.7 \\ (93.1-96.0) \end{gathered}$ | $\begin{gathered} 87.9 \\ (85.5-89.9) \end{gathered}$ |
| Did not use any method to prevent pregnancy during last sexual intercourse <br> (among students who were currently sexually active) | $\begin{gathered} 13.3 \\ (11.2-15.8) \end{gathered}$ | $\begin{gathered} 18.5 \\ (15.9-21.3) \end{gathered}$ | $\begin{gathered} 10.0 \\ (8.5-11.8) \end{gathered}$ |


| Health Risk Behaviors and Health Outcomes | Black <br> Students (\%) | Hispanic Students (\%) | White <br> Students (\%) |
| :---: | :---: | :---: | :---: |
| Did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | $\begin{gathered} 9.9 \\ (8.2-11.9) \end{gathered}$ | $\begin{gathered} 8.2 \\ (6.7-9.9) \end{gathered}$ | $\begin{gathered} 4.0 \\ (3.5-4.6) \end{gathered}$ |
| Ate vegetables less than one time per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | $\begin{gathered} 45.7 \\ (42.8-48.7) \end{gathered}$ | $\begin{gathered} 43.6 \\ (41.0-46.1) \end{gathered}$ | $\begin{gathered} 34.3 \\ (32.1-36.6) \end{gathered}$ |
| Drank less than one glass per day of milk (during the 7 days before the survey) | $\begin{gathered} 71.0 \\ (67.6-74.2) \\ \hline \end{gathered}$ | $\begin{gathered} 59.3 \\ (56.0-62.6) \\ \hline \end{gathered}$ | $\begin{gathered} 51.2 \\ (48.8-53.5) \\ \hline \end{gathered}$ |
| Drank less than two glasses per day of milk (during the 7 days before the survey) | $\begin{gathered} 82.3 \\ (79.8-84.5) \\ \hline \end{gathered}$ | $\begin{gathered} 73.0 \\ (70.0-75.8) \\ \hline \end{gathered}$ | $\begin{gathered} 66.4 \\ (63.8-68.8) \\ \hline \end{gathered}$ |
| Drank less than three glasses per day of milk (during the 7 days before the survey) | $\begin{gathered} 90.5 \\ (89.0-91.7) \\ \hline \end{gathered}$ | $\begin{gathered} 86.6 \\ (84.3-88.7) \\ \hline \end{gathered}$ | $\begin{gathered} 83.4 \\ (81.4-85.3) \\ \hline \end{gathered}$ |
| Ate breakfast on 0 days (during the 7 days before the survey) | $\begin{gathered} 16.1 \\ (14.2-18.2) \\ \hline \end{gathered}$ | $\begin{gathered} 14.4 \\ (13.1-15.8) \\ \hline \end{gathered}$ | $\begin{gathered} 12.0 \\ (10.9-13.2) \\ \hline \end{gathered}$ |
| Did not participate in at least $\mathbf{6 0}$ minutes of physical activity on any day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) | $\begin{gathered} 19.6 \\ (17.4-21.9) \end{gathered}$ | $\begin{gathered} 15.9 \\ (14.2-17.7) \end{gathered}$ | $\begin{gathered} 11.0 \\ (9.8-12.4) \end{gathered}$ |
| Physically active at least $\mathbf{6 0}$ minutes per day on less than $\mathbf{5}$ days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) | $\begin{gathered} 55.6 \\ (52.0-59.2) \end{gathered}$ | $\begin{gathered} 54.6 \\ (51.9-57.3) \end{gathered}$ | $\begin{gathered} 47.3 \\ (44.7-50.0) \end{gathered}$ |
| Physically active at least $\mathbf{6 0}$ minutes per day on less than $\mathbf{7}$ days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) | $\begin{gathered} 74.0 \\ (71.7-76.2) \end{gathered}$ | $\begin{gathered} 73.5 \\ (71.7-75.2) \end{gathered}$ | $\begin{gathered} 69.6 \\ (67.4-71.7) \end{gathered}$ |
| Used computers 3 or more hours per day (played video or computer games or used a computer for something that was not school work on an average school day) | $\begin{gathered} 38.1 \\ (35.0-41.4) \end{gathered}$ | $\begin{gathered} 32.4 \\ (30.1-34.8) \end{gathered}$ | $\begin{gathered} 28.1 \\ (25.9-30.4) \end{gathered}$ |
| Watched television 3 or more hours per day (on an average school day) | $\begin{gathered} 54.6 \\ (51.1-58.0) \\ \hline \end{gathered}$ | $\begin{gathered} 37.8 \\ (35.4-40.2) \\ \hline \end{gathered}$ | $\begin{gathered} 25.6 \\ (23.8-27.5) \\ \hline \end{gathered}$ |
| Obese <br> (students who were $\geq 95^{\text {th }}$ percentile for body mass index, based on sexand age-specific reference data from the 2000 CDC growth charts) | $\begin{gathered} 18.2 \\ (16.4-20.1) \end{gathered}$ | $\begin{gathered} 14.1 \\ (12.5-15.8) \end{gathered}$ | $\begin{gathered} 11.5 \\ (9.7-13.5) \end{gathered}$ |
| Sometimes, rarely, or never wore sunscreen (with an SPF of 15, or higher when they were outside for more than 1 hour on a sunny day) | $\begin{gathered} 95.2 \\ (93.8-96.4) \end{gathered}$ | $\begin{gathered} 93.3 \\ (91.9-94.5) \end{gathered}$ | $\begin{gathered} 87.0 \\ (85.4-88.6) \end{gathered}$ |
| D. White students were MORE likely than black and Hispanic students to have engaged in these health risk behaviors... |  |  |  |
| Texted or e-mailed while driving a car or other vehicle on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 24.1 \\ (20.7-27.9) \\ \hline \end{gathered}$ | $\begin{gathered} 30.9 \\ (28.0-34.0) \\ \hline \end{gathered}$ | $\begin{gathered} 36.2 \\ (32.8-39.7) \\ \hline \end{gathered}$ |
| Bullied on school property (during the 12 months before the survey) | $\begin{gathered} 11.7 \\ (9.7-13.9) \\ \hline \end{gathered}$ | $\begin{gathered} 17.6 \\ (15.4-20.0) \\ \hline \end{gathered}$ | $\begin{gathered} 22.9 \\ (21.4-24.5) \\ \hline \end{gathered}$ |
| Been electronically bullied (included being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting during the past 12 months) | $\begin{gathered} 8.9 \\ (7.6-10.4) \end{gathered}$ | $\begin{gathered} 13.6 \\ (12.1-15.3) \end{gathered}$ | $\begin{gathered} 18.6 \\ (17.2-20.1) \end{gathered}$ |
| Ever smoked cigarettes daily <br> (at least one cigarette every day for 30 days) | $\begin{gathered} 5.3 \\ (4.0-7.1) \\ \hline \end{gathered}$ | $\begin{gathered} 7.8 \\ (6.8-8.8) \\ \hline \end{gathered}$ | $\begin{gathered} 12.0 \\ (10.6-13.5) \\ \hline \end{gathered}$ |
| Smoked cigarettes on $\mathbf{2 0}$ or more days (during the 30 days before the survey) | $\begin{gathered} \hline 2.6 \\ (1.8-3.8) \\ \hline \end{gathered}$ | $\begin{gathered} 4.4 \\ (3.7-5.2) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 8.0 \\ (7.1-9.1) \\ \hline \end{gathered}$ |
| Used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 3.1 \\ (2.2-4.4) \\ \hline \end{gathered}$ | $\begin{gathered} 5.9 \\ (4.4-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 9.3 \\ (7.8-11.0) \\ \hline \end{gathered}$ |
| Used chewing tobacco, snuff, or dip on school property on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 1.9 \\ (1.2-3.1) \\ \hline \end{gathered}$ | $\begin{gathered} 3.7 \\ (2.7-4.9) \\ \hline \end{gathered}$ | $\begin{gathered} 5.6 \\ (4.5-7.1) \\ \hline \end{gathered}$ |
| Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 15.4 \\ (12.8-18.5) \end{gathered}$ | $\begin{gathered} 20.5 \\ (18.1-23.0) \end{gathered}$ | $\begin{gathered} 26.5 \\ (24.5-28.7) \end{gathered}$ |


| Health Risk Behaviors and Health Outcomes | $\begin{gathered} \text { Black } \\ \text { Students (\%) } \\ \hline \end{gathered}$ | Hispanic Students (\%) | White Students (\%) |
| :---: | :---: | :---: | :---: |
| Ever took prescription drugs one or more times without a doctor's prescription <br> (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life | $\begin{gathered} 14.7 \\ (12.3-17.5) \end{gathered}$ | $\begin{gathered} 19.4 \\ (16.4-22.6) \end{gathered}$ | $\begin{gathered} 22.9 \\ (21.1-24.8) \end{gathered}$ |
| Never tested for HIV <br> (does not include tests conducted when donating blood) | $\begin{gathered} 76.0 \\ (70.1-81.1) \end{gathered}$ | $\begin{gathered} \hline 87.5 \\ (85.9-89.0) \\ \hline \end{gathered}$ | $\begin{gathered} 89.4 \\ (87.9-90.8) \\ \hline \end{gathered}$ |
| Ate fruit or drank 100\% fruit juices less than three times per day (during the 7 days before the survey) | $\begin{gathered} 72.1 \\ (69.5-74.5) \\ \hline \end{gathered}$ | $\begin{gathered} 75.2 \\ (73.7-76.5) \\ \hline \end{gathered}$ | $\begin{gathered} 80.0 \\ (78.0-82.0) \\ \hline \end{gathered}$ |
| Used an indoor tanning device one or more times (such as a sunlamp, sunbed, or tanning booth during the 12 months before the survey, not including a spray-on tan) | $\begin{gathered} 3.9 \\ (2.6-5.7) \end{gathered}$ | $\begin{gathered} 7.6 \\ (6.1-9.6) \end{gathered}$ | $\begin{gathered} 17.4 \\ (14.5-20.6) \end{gathered}$ |
| E. Hispanic students were LESS likely than black and white students to have engaged in these health risk behaviors... |  |  |  |
| Ever told by a doctor or nurse that they had asthma and still have asthma | $\begin{gathered} 13.5 \\ (11.7-15.6) \\ \hline \end{gathered}$ | $\begin{gathered} 9.1 \\ (7.4-11.1) \\ \hline \end{gathered}$ | $\begin{gathered} 12.4 \\ (11.2-13.8) \\ \hline \end{gathered}$ |
| F. Hispanic students were MORE likely than black and white students to have engaged in these health risk behaviors... |  |  |  |
| Rode with a driver who had been drinking alcohol one or more times (a car or other vehicle during the 30 days before the survey) | $\begin{gathered} 22.8 \\ (20.9-24.9) \\ \hline \end{gathered}$ | $\begin{gathered} 30.7 \\ (27.8-33.7) \\ \hline \end{gathered}$ | $\begin{gathered} 22.1 \\ (20.7-23.5) \\ \hline \end{gathered}$ |
| Drove when drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey) | $\begin{gathered} 5.9 \\ (4.6-7.5) \\ \hline \end{gathered}$ | $\begin{gathered} 9.7 \\ (8.5-11.2) \\ \hline \end{gathered}$ | $\begin{gathered} 8.0 \\ (7.3-8.8) \\ \hline \end{gathered}$ |
| Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day <br> (during the 30 days before the survey) | $\begin{gathered} 6.7 \\ (5.3-8.5) \end{gathered}$ | $\begin{gathered} 9.1 \\ (7.7-10.6) \end{gathered}$ | $\begin{gathered} 4.4 \\ (3.6-5.4) \end{gathered}$ |
| Had their property stolen or deliberately damaged on school property one or more times <br> (for example, car, clothing, or books, during the 12 months before the survey) | $\begin{gathered} 27.3 \\ (24.6-30.1) \end{gathered}$ | $\begin{gathered} 30.7 \\ (28.4-33.2) \end{gathered}$ | $\begin{gathered} 24.0 \\ (22.4-25.8) \end{gathered}$ |
| Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey) | $\begin{gathered} 24.7 \\ (22.1-27.4) \end{gathered}$ | $\begin{gathered} 32.6 \\ (30.6-34.7) \end{gathered}$ | $\begin{gathered} 27.2 \\ (25.8-28.7) \end{gathered}$ |
| Made a plan about how they would attempt suicide (during the 12 months before the survey) | $\begin{gathered} \hline 11.1 \\ (9.5-12.9) \end{gathered}$ | $\begin{gathered} 14.3 \\ (12.9-15.8) \end{gathered}$ | $\begin{gathered} 12.1 \\ (11.2-13.1) \end{gathered}$ |
| Drank alcohol for the first time before age 13 years (other than a few sips) | $\begin{gathered} 21.8 \\ (19.4-24.3) \\ \hline \end{gathered}$ | $\begin{gathered} 25.2 \\ (23.2-27.3) \\ \hline \end{gathered}$ | $\begin{gathered} 18.1 \\ (16.6-19.7) \\ \hline \end{gathered}$ |
| Drank at least one drink of alcohol on school property on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 5.1 \\ (4.2-6.3) \\ \hline \end{gathered}$ | $\begin{gathered} 7.3 \\ (6.1-8.8) \\ \hline \end{gathered}$ | $\begin{gathered} 4.0 \\ (3.3-4.8) \\ \hline \end{gathered}$ |
| Ever used any form of cocaine one or more times (for example, powder, crack, or freebase, during their life) | $\begin{gathered} 2.6 \\ (1.8-3.8) \\ \hline \end{gathered}$ | $\begin{gathered} 10.2 \\ (8.8-11.9) \\ \hline \end{gathered}$ | $\begin{gathered} 6.7 \\ (6.0-7.5) \\ \hline \end{gathered}$ |
| Used any form of cocaine one or more times (for example, powder, crack, or freebase, during the 30 days before the survey) | $\begin{gathered} 1.1 \\ (0.7-1.7) \end{gathered}$ | $\begin{gathered} 5.4 \\ (4.5-6.5) \end{gathered}$ | $\begin{gathered} 2.5 \\ (2.2-2.9) \end{gathered}$ |
| Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times <br> (during their life) | $\begin{gathered} 9.2 \\ (7.8-10.8) \end{gathered}$ | $\begin{gathered} 14.4 \\ (12.7-16.2) \end{gathered}$ | $\begin{gathered} 10.7 \\ (9.7-11.8) \end{gathered}$ |
| Ever used ecstasy use one or more times (also called "MDMA", during their life) | $\begin{gathered} 6.0 \\ (4.7-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 10.6 \\ (8.3-13.6) \\ \hline \end{gathered}$ | $\begin{gathered} 7.7 \\ (6.7-9.0) \\ \hline \end{gathered}$ |
| Offered, sold, or given an illegal drug by someone on school property (during the 12 months before the survey) | $\begin{gathered} \hline 22.8 \\ (19.4-26.7) \\ \hline \end{gathered}$ | $\begin{gathered} 33.2 \\ (29.9-36.7) \\ \hline \end{gathered}$ | $\begin{gathered} 22.7 \\ (20.9-24.7) \\ \hline \end{gathered}$ |
| Did not use any method to prevent pregnancy during last sexual intercourse <br> (among students who were currently sexually active) | $\begin{gathered} 13.3 \\ (11.2-15.8) \end{gathered}$ | $\begin{gathered} 18.5 \\ (15.9-21.3) \end{gathered}$ | $\begin{gathered} 10.0 \\ (8.5-11.8) \end{gathered}$ |
| Were never taught in school about AIDS or HIV infection | $\begin{gathered} 12.9 \\ (11.7-14.3) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 22.5 \\ (19.4-25.9) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 14.0 \\ (11.9-16.5) \\ \hline \end{gathered}$ |
| Took diet pills, powders, or liquids to lose weight or to keep from gaining weight <br> (without a doctor's advice, during the 30 days before the survey) | $\begin{gathered} 4.2 \\ (3.3-5.2) \end{gathered}$ | $\begin{gathered} 6.4 \\ (5.3-7.7) \end{gathered}$ | $\begin{gathered} 4.7 \\ (4.0-5.6) \end{gathered}$ |


| Health Risk Behaviors and Health Outcomes | $\begin{gathered} \text { Black } \\ \text { Students (\%) } \\ \hline \end{gathered}$ | Hispanic Students (\%) | White Students (\%) |
| :---: | :---: | :---: | :---: |
| G. Black, Hispanic, and white students were EQUALLY likely to have engaged in these health risk behaviors... |  |  |  |
| Carried a weapon on at least one day (for example, a gun, knife, or club during the 30 days before the survey) | $\begin{gathered} 14.2 \\ (12.6-16.0) \\ \hline \end{gathered}$ | $\begin{gathered} 16.2 \\ (14.6-17.9) \\ \hline \end{gathered}$ | $\begin{gathered} 17.0 \\ (15.0-19.3) \\ \hline \end{gathered}$ |
| Carried a weapon on school property on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey) | $\begin{gathered} 4.6 \\ (3.4-6.1) \\ \hline \end{gathered}$ | $\begin{gathered} 5.8 \\ (4.6-7.4) \\ \hline \end{gathered}$ | $\begin{gathered} 5.1 \\ (4.4-6.0) \\ \hline \end{gathered}$ |
| Ever physically forced to have sexual intercourse (when they did not want to) | $\begin{gathered} 8.6 \\ (7.0-10.6) \\ \hline \end{gathered}$ | $\begin{gathered} 8.2 \\ (7.2-9.4) \\ \hline \end{gathered}$ | $\begin{gathered} 7.4 \\ (6.5-8.4) \\ \hline \end{gathered}$ |
| Usually obtained their own cigarettes by buying them in a store or gas station <br> (among students who were aged $<18$ years and who currently smoked cigarettes during the 30 days before the survey) | $\begin{gathered} 13.7 \\ (8.5-21.2) \end{gathered}$ | $\begin{gathered} 14.9 \\ (11.2-19.5) \end{gathered}$ | $\begin{gathered} 13.9 \\ (10.6-18.0) \end{gathered}$ |
| Did not try to quit smoking cigarettes <br> (among students who currently smoked cigarettes during the 12 months before the survey) | $\begin{gathered} 51.7 \\ (43.6-59.6) \end{gathered}$ | $\begin{gathered} 50.7 \\ (44.9-56.5) \end{gathered}$ | $\begin{gathered} 50.3 \\ (46.3-54.3) \end{gathered}$ |
| Smoked cigars, cigarillos, or little cigars on at least 1 day (during the 30 days before the survey) | $\begin{gathered} 11.8 \\ (9.8-14.2) \\ \hline \end{gathered}$ | $\begin{gathered} 13.3 \\ (11.5-15.3) \\ \hline \end{gathered}$ | $\begin{gathered} 13.5 \\ (12.6-14.4) \\ \hline \end{gathered}$ |
| Ever used marijuana one or more times (during the 30 days before the survey) | $\begin{gathered} 25.1 \\ (22.5-27.9) \\ \hline \end{gathered}$ | $\begin{gathered} 24.4 \\ (22.0-27.1) \\ \hline \end{gathered}$ | $\begin{gathered} 21.7 \\ (19.6-24.0) \\ \hline \end{gathered}$ |
| Ever used heroin one or more times <br> (also called "smack," junk," or "China white," during their life) | $\begin{gathered} 2.7 \\ (1.9-3.7) \\ \hline \end{gathered}$ | $\begin{gathered} 3.3 \\ (2.6-4.3) \\ \hline \end{gathered}$ | $\begin{gathered} 2.5 \\ (2.1-3.0) \\ \hline \end{gathered}$ |
| Did not use Depo Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD to prevent pregnancy before last sexual intercourse <br> (among students who were currently sexually active) | $\begin{gathered} 93.5 \\ (90.3-95.8) \end{gathered}$ | $\begin{gathered} 95.4 \\ (93.5-96.8) \end{gathered}$ | $\begin{gathered} 94.9 \\ (93.4-96.1) \end{gathered}$ |
| Ate fruit or drank 100\% fruit juices less than one time per day (during the 7 days before the survey) | $\begin{gathered} 36.4 \\ (33.5-39.4) \\ \hline \end{gathered}$ | $\begin{gathered} 35.3 \\ (33.2-37.4) \\ \hline \end{gathered}$ | $\begin{gathered} 35.8 \\ (33.5-38.2) \\ \hline \end{gathered}$ |
| Ate vegetables less than three times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | $\begin{gathered} 84.2 \\ (81.5-86.7) \end{gathered}$ | $\begin{gathered} 84.0 \\ (82.5-85.4) \end{gathered}$ | $\begin{gathered} 85.6 \\ (84.3-86.8) \end{gathered}$ |
| Drank a can, bottle, or glass of soda or pop one or more times per day (not counting diet soda or diet pop, during the 7 days before the survey) | $\begin{gathered} 28.0 \\ (24.7-31.5) \\ \hline \end{gathered}$ | $\begin{gathered} 27.0 \\ (24.2-30.0) \\ \hline \end{gathered}$ | $\begin{gathered} 28.8 \\ (25.7-32.0) \\ \hline \end{gathered}$ |
| Participated in muscle strengthening activities on less than $\mathbf{3}$ days (for example, push-ups, sit-ups, or weight lifting, during the 7 days before the survey | $\begin{gathered} 46.0 \\ (41.7-50.4) \end{gathered}$ | $\begin{gathered} 43.4 \\ (39.9-47.0) \end{gathered}$ | $\begin{gathered} 44.3 \\ (41.7-46.8) \end{gathered}$ |
| Did not attend physical education classes in an average week (when they were in school) | $\begin{gathered} 50.7 \\ (45.5-55.8) \\ \hline \end{gathered}$ | $\begin{gathered} 46.5 \\ (41.1-52.0) \\ \hline \end{gathered}$ | $\begin{gathered} 48.1 \\ (39.9-56.3) \\ \hline \end{gathered}$ |
| Did not attend physical education classes 5 days in an average week (when they were in school) | $\begin{gathered} 72.4 \\ (64.5-79.1) \\ \hline \end{gathered}$ | $\begin{gathered} 70.0 \\ (64.9-74.6) \\ \hline \end{gathered}$ | $\begin{gathered} 67.0 \\ (59.0-74.1) \\ \hline \end{gathered}$ |
| Did not eat for $\mathbf{2 4}$ or more hours or more to lose weight or to keep from gaining weight <br> (during the 30 days before the survey) | $\begin{gathered} 11.6 \\ (10.3-13.1) \end{gathered}$ | $\begin{gathered} 13.2 \\ (11.8-14.8) \end{gathered}$ | $\begin{gathered} 11.9 \\ (10.7-13.2) \end{gathered}$ |

${ }^{1}$ Data are presented only for non-Hispanic black, non-Hispanic white, and Hispanic students because the numbers of students from other racial/ethnic populations were too small for meaningful analysis.
${ }^{2}$ Based on t-test analyses, $\mathrm{p}<0.05$.
${ }^{3} 95 \%$ confidence interval.

